

Breakfast Burritos

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Ingredients:

- 1 package flour tortillas (8)
- 8 eggs
- 1/4 cup milk or half and half
- 2 teaspoons kosher salt, divided
- 4 tablespoons butter
- 2 - 3 cups grated cheese
- 2 - 3 cups chopped vegetables

Optional:

- Cooked Breakfast meat (sausage or bacon),
optional

Directions:

In a medium sized bowl, add eggs, milk and half of the salt and beat well. Over medium heat, melt 1 teaspoon butter in a skillet and add 1/2 cup of the egg mixture.

On a separate skillet, warm one tortilla to soften. When the egg sets, flip and cook for another 30 seconds.

Place the cooked egg onto the softened tortilla. Sprinkle with vegetables, cheese and salt. Wrap the tortilla by folding in the sides towards the center and roll into a cylinder shape. To serve immediately, in a skillet, slowly brown the outside on the burrito while melting the cheese on the inside.

To store, wrap each burrito tightly in plastic wrap and freeze until ready to use. Enjoy!

